Sleep in Adolescents and Young Adults

With Autism Spectrum Disorders

This research project will determine how sleep may be associated with daytime behavior. We offer a research evaluation to confirm the ASD diagnosis and a copy of the psychological report.

We will ask the adolescent/young adult (11-21 years) to:

- Fill out survey forms before the study visit
- Come for 1 day and cooperate with a psychological and sleep evaluation
- Wear a watch for 4 weeks that measures activity and sleep
- Keep a simple diary of wake and sleep times for 28 days
- Collect saliva samples for 2 nights
- Get $125 for completing the study.

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Study conducted by Suzanne Goldman, Ph.D., FNP, BC and supported by Autism Speaks and the Vanderbilt Institute for Clinical and Transitional Research.

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