

Understand Your Child's Diagnosis of Down Syndrome

Receiving a diagnosis of Down syndrome can be overwhelming. Many resources and supports are available to families in Tennessee.

Screening & Information about Down syndrome

A Promising Future Together

A Guide for new and expecting parents published by the National Down Syndrome Society.

[Learn more >](http://www.ndss.org/wp-content/uploads/2017/11/NDSS-NPP-English.pdf) <http://www.ndss.org/wp-content/uploads/2017/11/NDSS-NPP-English.pdf>

An Extraordinary Life

Guidebook for new and expecting parents published by the Down Syndrome Association of Middle Tn.

[Learn more >](https://www.somethingextra.org/siteDSAMT/assets/File/DSAMT%20New%20Parent%20Book%2017%20-%20Final.pdf) <https://www.somethingextra.org/siteDSAMT/assets/File/DSAMT New Parent Book 17 - Final.pdf>

Brighter Tomorrows

Information for families and physicians; includes videos, printable resources, screening, diagnostic tests and evidence-based practices when delivering a diagnosis of Down syndrome.

[Learn more >](http://www.brightertomorrows.org/) <http://www.brightertomorrows.org/>

Diagnosis to Delivery

Program administered by the National Center for Prenatal and Postnatal Resources at the University of Kentucky's Human Development Institute providing honest, compassionate, medically-reviewed, and informative support for those preparing for the birth of a baby with Down syndrome.

[Learn more >](http://downsyndromepregnancy.org/) <http://downsyndromepregnancy.org/>

Organizations that support families and individuals with Down syndrome

Tennessee-Based

Chattanooga Down Syndrome Society

People who have Down syndrome, their family members, and others who care about them in the Chattanooga region

[Learn more >](http://www.chattanoogadownsyndrome.org/) <http://www.chattanoogadownsyndrome.org/>

Clarksville Association for Down Syndrome

A support network for individuals with Down Syndrome, their families, and the community in the Clarksville area.

[Learn more >](https://www.cadstn.org/) <https://www.cadstn.org/>

Down Syndrome Awareness Group of East Tennessee

A parent-initiated organization developed to provide information and support to families of individuals with Down syndrome (DS) and to raise awareness within the community about the abilities of individuals with DS and the benefits of their inclusion into society.

[Learn more >](http://www.dsagtn.org/) <http://www.dsagtn.org/>

Down Syndrome Association of Memphis and the Mid-South

An organization to support and empower individuals with Down syndrome and their families

[Learn more >](http://www.dsamemphis.org/) <http://www.dsamemphis.org/>

Down Syndrome Association of Middle Tennessee (DSAMT)

A community of parents, grandparents, siblings, physicians, educators, professionals, friends and self-advocates from forty counties in Middle Tennessee who celebrate and support individuals with Down syndrome and their families

[Learn more >](http://www.somethingextra.org/) <http://www.somethingextra.org/>

Down Syndrome Association of West TN

Enhances the lives of individuals with Down syndrome by providing programs and support, information, and education to those individuals, their families, professionals, and the communities that make up the West Tennessee region.

[Learn more >](http://www.dsawt.com/) <http://www.dsawt.com/>

Friends Tri-Cities

Promotes community understanding and acceptance of individuals with Down syndrome in the Johnson City area

[Learn more >](http://www.dsfriends.net/) <http://www.dsfriends.net/>

GiGi's Playhouse

Provides free educational, therapeutic-based and career development programs for individuals with Down syndrome, their families and the community, through a replicable playhouse model

[Learn more >](https://gigisplayhouse.org/nashville/) <https://gigisplayhouse.org/nashville/>

Monroe-Carroll Jr. Children's Hospital at Vanderbilt Down Syndrome Clinic

Provides comprehensive care and professional services to children and teens with Down syndrome. The clinic staff assists patients in finding therapeutic services and educational/behavioral support and providing a multidisciplinary approach to treatment.

[Learn more >](https://www.childrenshospitalvanderbilt.org/clinic/down-syndrome-clinic) <https://www.childrenshospitalvanderbilt.org/clinic/down-syndrome-clinic>

Vanderbilt Kennedy Center

Training and resources for clinicians, students, researchers, and educators.

[Learn more >](https://vkc.mc.vanderbilt.edu/vkc/) <https://vkc.mc.vanderbilt.edu/vkc/>

National

Down Syndrome Diagnosis Network

Connect, support, and provide accurate information for families with a Down syndrome diagnosis

[Learn more >](https://www.dsdiagnosisnetwork.org/) <https://www.dsdiagnosisnetwork.org/>

National Down Syndrome Congress

Resources and educational materials for new and expectant parents.

[Learn more >](http://ndscenter.org/) <http://ndscenter.org/>

National Down Syndrome Society

Definitions, guides, informational brochures and fact sheets available in English and Spanish.

[Learn more >](http://www.ndss.org/) <http://www.ndss.org/>

Down Syndrome Adoption Network

helps families with an adoption plan and assist families who are looking to adopt a child with Down syndrome.

[Learn more >](https://www.somethingextra.org/siteDSAMT/assets/File/NDSA-AdoptionBooklet.pdf) <https://www.somethingextra.org/siteDSAMT/assets/File/NDSA-AdoptionBooklet.pdf>

Parenting resources

Health Care Guidelines for Parents of Children with Down Syndrome

Family friendly information about development from birth through adulthood that includes information about potential health concerns for which individuals with Down syndrome are at risk.

[Learn more >](http://www.ndss.org/Resources/Health-Care/Health-Care-Guidelines/) <http://www.ndss.org/Resources/Health-Care/Health-Care-Guidelines/>

Woodbine House

Publisher specializing in books about children with special needs.

[Learn more >](http://www.woodbinehouse.com/) <http://www.woodbinehouse.com/>

Healthy Children

Information for parents about Down syndrome. This site also contains explanation of Down syndrome at a young person's level of comprehension, and includes movies, games and recipes.

[Learn more >](http://kidshealth.org/parent/medical/genetic/down_syndrome.html) http://kidshealth.org/parent/medical/genetic/down_syndrome.html